

**National Interagency Coordination Center
Incident Management Situation Report
Wednesday, August 24, 2016 – 0530 MT
National Preparedness Level 4**

National Fire Activity

Initial attack activity:	Light (112 new fires)
New large incidents:	11
Large fires contained:	4
Uncontained large fires:**	35
Area Command Teams Committed:	0
NIMOs committed:	1
Type 1 IMTs committed:	8
Type 2 IMTs committed:	12

**Uncontained large fires include only fires being managed under a full suppression strategy.
[Link](#) to Geographic Area daily reports.

One MAFFS C-130 air tanker and support personnel each from the 153rd Airlift Wing, (Wyoming Air National Guard) and the 302nd Airlift Wing, (Colorado Springs, Air Force Reserve) have been deployed to Boise, ID in support of wildland fire operations.

One Convair 580 airtanker group from British Columbia has been deployed to Pocatello, ID in support of wildland fire operations.

Southern California Area (PL 4)

New fires:	24
New large incidents:	0
Uncontained large fires:	4
Type 1 IMTs committed:	5
Type 2 IMTs committed:	1

Chimney, San Luis Obispo Unit, Cal Fire. Cal Fire IMT 1 (Patterson). Fifteen miles west of Paso Robles, CA. Timber and chaparral. Extreme fire behavior. Numerous structures threatened. Evacuations, road and area closures in effect.

Cedar, Sequoia NF. IMT 1 (Minton). Five miles north of Alta Sierra, CA. Timber and chaparral. Active fire behavior with short crown runs, group torching and short-range spotting. Numerous structures threatened. Evacuations, road, trail and area closures in effect.

Soberanes, San Benito-Monterey Unit, Cal Fire. IMT 1 (von Tillow) and IMT 1 (Kurth). Seven miles northwest of Big Sur, CA. Timber, chaparral and tall grass. Active fire behavior with uphill runs, flanking and short-range spotting. Numerous structures threatened. Evacuations, road, area and trail closures in effect.

Rey, Los Padres NF. IMT 1 (McGowan) and IMT 2 (Mills). Seven miles north of Goleta, CA. Chaparral. Moderate fire behavior with spotting. Structures threatened. Evacuations, road, trail and area closures in effect.

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
Chimney	CA-SLU	38,956	5,783	35	Ctn	8/29	3,983	170	101	326	17	65	40.1M	ST
Cedar	CA-SQF	21,523	1,375	10	Ctn	9/15	2,244	177	35	193	15	0	19.2M	FS
Soberanes	CA-BEU	87,316	1,022	60	Ctn	9/30	1,620	-368	20	54	12	68	156.2M	ST
Rey	CA-LPF	29,664	2,568	30	Ctn	8/31	1,783	393	54	93	16	0	8.6M	FS

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
Blue Cut	CA-BDF	36,274	0	100	Ctn	---	710	-204	12	33	5	321	16.7M	FS

BDF - San Bernardino NF

Great Basin Area (PL 4)

New fires:	16
New large incidents:	4
Uncontained large fires:	8
Type 1 IMTs committed:	1
Type 2 IMTs committed:	3

Pioneer, Boise NF. Transfer of command from IMT 2 (Chadwick) to IMT 1 (Lund) will occur today. Eight miles north of Idaho City, ID. Timber. Active fire behavior with uphill runs, spotting and group torching. Numerous structures threatened. Evacuations, road, area and trail closures in effect.

Henrys Creek, Bonneville County. IMT 2 (Demasters). Seven miles southeast of Idaho Falls, ID. Brush and short grass. Extreme fire behavior with wind-driven runs and group torching. Structures and sage-grouse habitat threatened. Evacuations and road closures in effect.

Berry, Grand Teton NP. IMT 2 (Roide). Nineteen miles northwest of Moran, WY. Timber and short grass. Active fire behavior with short-range spotting and group torching. Structures threatened. Evacuations, road and trail closures in effect.

* **Clifton**, Franklin County. Two miles southwest of Clifton, Idaho. Brush and short grass. Extreme fire behavior with running, spotting, and torching. Structures threatened. Evacuations, road, and trail closures in effect.

* **Tie**, Caribou-Targhee National Forest. Ten miles southwest of Victor, Idaho. Timber and brush. Active fire behavior with running, group torching and short-range spotting. Structures threatened. Road, area, and trail closures in effect.

* **Peterson Hollow**, Uinta/Wasatch-Cache National Forest. Twelve miles northwest of Garden City, UT. Timber. Active fire behavior with torching, spotting, and long-range spotting. Structures threatened. Road, area, and trail closures in effect.

Rock Hill, Winnemucca District, BLM. Fifteen miles southwest of Winnemucca, NV. Closed timber litter, brush and grass. Active fire behavior with isolated torching, creeping, and smoldering. Sage-grouse habitat threatened. Reduction in acreage due to more accurate mapping.

Toponce Creek, Eastern Idaho Area, Idaho Department of Lands. Sixteen miles east of Pocatello, ID. Timber, brush and short grass. Moderate fire behavior with isolated torching.

Sand Ledges, Central Area, Utah DOF. Twelve miles east of Richfield, UT. Chaparral, brush and short grass. Minimal fire behavior. Sage-grouse habitat threatened. Reduction in acreage due to more accurate mapping.

Briggs, Fishlake NF. Previously reported incident. Ten miles northeast of Beaver, UT. Timber litter and understory. Moderate fire behavior with single tree torching, creeping, and smoldering. Structures threatened. Trail and area closures in effect. Last report unless significant activity occurs.

* **Black**, Caribou-Targhee NF. Ten miles northwest of Swan Valley, ID. Timber. Moderate fire behavior with single tree torching and creeping. Road and trail closures in effect. Last report unless significant activity occurs.

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
Pioneer	ID-BOF	100,367	3,898	40	Ctn	9/30	1,908	-107	46	86	13	5	64.5M	FS
Henrys Creek	ID-8BN	43,235	10,000	20	Ctn	8/31	263	0	5	17	1	0	800K	CNTY
Berry	WY-GTP	6,819	1,519	0	Comp	10/1	116	77	4	5	3	0	536K	NPS
* Clifton	ID-1FN	1,000	---	0	Ctn	8/25	52	---	0	6	0	0	65K	PRI
* Tie	ID-CTF	800	---	0	Ctn	9/15	59	---	1	6	0	0	40K	FS
* Peterson Hollow	UT-UWF	1,500	---	0	Ctn	9/01	205	---	6	6	1	0	850K	FS
Rock Hill	NV-WID	1,738	-28	80	Ctn	8/25	166	-23	5	5	2	0	300K	BLM
Toponce Creek	ID-EIS	265	0	90	Ctn	8/24	103	0	2	3	2	0	1.6M	ST
Sand Ledges	UT-SCS	3,100	-78	0	Ctn	8/25	118	6	2	18	0	0	950K	ST
Briggs	UT-FIF	3,347	2,143	40	Comp	10/1	116	-20	3	1	0	0	835K	FS
* Black	ID-CTF	161	---	0	Comp	9/30	2	---	0	0	0	0	10K	FS

Northwest Area (PL 3)

New fires: 12
New large incidents: 6
Uncontained large fires: 12
Type 2 IMTs committed: 6

* **Cayuse Mtn.**, Spokane Agency, BIA. IMT 2 (Goff). Eight miles south west of Wellpinit, WA. Timber and tall grass. Moderate fire behavior with single tree torching and backing. Numerous structures threatened. Evacuations, road, and trail closures in effect.

* **Hart**, Northeast Region, Washington DNR. IMT 2 (Knerr). Thirty-five miles northwest of Spokane, WA. Timber and short grass. Moderate fire behavior with single tree torching, creeping and backing. Numerous structures threatened. Evacuations in effect.

Spokane Complex (2 fires), Northeast Region, Washington DNR. IMT 2 (Rabe). Twelve miles south of Spokane, WA. Timber and short grass. Active fire behavior with uphill runs, spotting and torching. Numerous structures threatened. Evacuations and road closures in effect.

* **Deep North**, Northeast Region, Washington DNR. IMT 2 (Ciraulo). Thirty-one miles northeast of Colville, WA. Timber and brush. Moderate fire behavior with single tree torching, flanking and creeping. Residences threatened.

Cherry Road, Vale District, BLM. IMT 2 (Johnson). Seven miles southwest of Adrian, OR. Brush and short grass. Minimal fire behavior. Residences and sage-grouse habitat threatened. Reduction in acreage due to more accurate mapping.

* **Cleveland Ridge**, Medford Unit, Oregon DOF. Twenty-two miles north of Medford, OR. Timber, brush, and short grass. Active fire behavior with wind-driven runs, group torching and spotting. Structures threatened. Road closures in effect.

Rail, Wallowa-Whitman NF. IMT 2 (Sheldon). Five miles west of Unity, OR. Timber. Moderate fire behavior with group torching, single tree torching and wind-driven runs. Numerous structures threatened. Road, trail and area closures in effect.

* **Tule #6**, Yakama Agency, BIA. Seven miles south of Toppenish, WA. Timber, brush, and tall grass. Minimal fire behavior. Structures threatened.

Kahlotus, Washington State Fire Marshall's Office. One mile southeast of Kahlotus, WA. Brush and short grass. Active fire behavior with wind-driven runs and spotting. Numerous structures threatened. Road closures in effect. Reduction in acreage due to more accurate mapping.

* **2500 Road**, Toledo Unit, Oregon DOF. Three miles northeast of Depoe Bay, OR. Heavy and medium logging slash. Active fire behavior with creeping and smoldering.

Withers, Lakeview District, BLM. One mile north of Paisley, OR. Brush and short grass. Residences threatened. Road closures in effect. No new information.

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
* Cayuse Mtn.	WA-SPA	10,000	---	30	Ctn	UNK	0	---	0	0	0	13	1M	BIA
* Hart	WA-NES	4,200	---	20	Ctn	UNK	206	---	3	29	3	15	250K	ST
Spokane Complex	WA-NES	6,073	2,323	0	Ctn	9/26	524	-34	10	69	5	17	450K	ST
* Deep North	WA-NES	735	---	0	Ctn	8/30	187	---	3	20	0	0	250K	ST
Cherry Road	OR-VAD	31,667	-333	70	Ctn	8/27	285	57	4	29	2	0	1M	BLM
* Cleveland Ridge	OR-711S	200	---	0	Ctn	8/30	237	---	12	10	6	0	300K	ST
Rail	OR-WWF	32,170	1,043	40	Ctn	8/31	849	-56	20	42	7	0	19.3M	FS
* Tule #6	WA-YAA	6,200	---	80	Ctn	8/26	173	---	5	20	0	0	195K	BIA
Kahlotus	WA-WFS	5,942	-14,058	80	Ctn	8/24	78	---	2	10	0	4	500K	ST
* 2500 ROAD	OR-553S	200	---	0	Ctn	8/28	276	---	16	16	2	0	175K	ST
Withers	OR-LAD	3,424	0	90	Ctn	8/31	105	-74	1	9	1	0	1.6M	BLM
0501 NW Sheridan	OR-DEF	191	---	100	Ctn	---	267	0	6	14	1	0	475K	FS
Aspen	OR-BUD	250	0	100	Ctn	---	25	0	1	0	0	0	220K	BLM

DEF - Deschutes NF BUD - Burns District BLM

Northern Rockies Area (PL 2)

New fires:	5
New large incidents:	0
Uncontained large fires:	4
Type 1 IMTs Committed:	1
Type 2 IMTs Committed:	2

Copper King, Lolo NF. IMT 1 (Poncin). Seven miles east of Thompson Falls, MT. Timber. Active fire behavior with uphill runs, short range spotting, and group torching. Residences threatened. Evacuations, road, area and trail closures in effect.

Maple, Yellowstone NP. IMT 2 (Hutton). Four miles northeast of West Yellowstone, MT. Timber and grass. Active fire behavior with short crown runs, group torching and long-range spotting. Structures threatened. Trail closures in effect.

Gun Club, Nez Perce-Clearwater NF. IMT 2 (Leach). Started on private land two miles north of Riggins, ID. Timber and tall grass. Minimal fire behavior. Road, trail and area closures in effect.

Boundary, Yellowstone NP. Six miles north of West Yellowstone, MT. Closed timber litter. Minimal fire behavior.

Race Horse Gulch, Flathead Agency, BIA. Twenty-two miles east of Plains, MT. Timber and tall grass. Minimal fire behavior. No new information.

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
Copper King	MT-LNF	21,045	8,545	15	Ctn	10/31	516	160	12	25	9	0	10M	FS
Maple	WY-YNP	27,101	4,653	6	Comp	10/15	81	45	3	2	0	0	500K	NPS
Gun Club	ID-NCF	2,084	0	85	Ctn	8/26	167	-137	4	2	1	0	2.2M	PRI
Boundary	WY-YNP	192	0	85	Ctn	8/30	20	-1	1	0	0	0	1.1M	NPS
Race Horse Gulch	MT-FHA	4,580	0	96	Ctn	UNK	17	0	0	2	0	0	975K	BIA

Rocky Mountain (PL 3)

New fires: 16
 New large incidents: 0
 Uncontained large fires: 4
 NIMOs Committed: 1

Beaver Creek, Routt NF. NIMO (Hahnenberg). Twenty-four miles north of Walden, CO. Timber and brush. Moderate fire behavior with backing, torching and creeping. Numerous structures and sage-grouse habitat threatened. Road, area and trail closures in effect.

Hunter Peak, Shoshone NF. Fifteen miles southeast of Cooke City, MT. Closed timber litter, brush and short grass. Moderate fire behavior with backing and single tree torching. Structures threatened. Trail closures in effect.

Twin Lakes, Wind River/Bighorn Basin District, BLM. Forty-five miles south of Cody, WY. Timber, brush and short grass. Moderate fire behavior. Residences threatened. Road and area closures in effect.

Broadway, Medicine Bow NF. Thirty miles northwest of Walden, CO. Timber and brush. Moderate fire behavior with torching, backing, and creeping.

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
Beaver Creek	CO-RTF	37,381	211	53	Ctn	10/21	218	-26	1	17	4	17	23.4M	FS
Hunter Peak	WY-SHF	3,595	102	54	Ctn	10/1	143	-15	1	7	3	0	6.3M	FS
Twin Lakes	WY-WBD	1,500	0	80	Ctn	8/26	211	-40	4	10	3	0	6.6M	BLM
Broadway	WY-MBF	212	58	0	Ctn	10/21	30	0	1	0	0	0	141K	FS
Sand Hills	WY-NAX	349	-9	100	Ctn	---	6	---	0	0	0	0	1K	CNTY

NAX - Natrona County

Northern California (PL 3)

New fires: 17
 New large incidents: 1
 Uncontained large fires: 2
 Type 1 IMTs Committed: 1

* **Tully 2**, Humboldt-Del Norte Unit, Cal Fire. IMT 1 (Lawson). Six miles north of Weitchpec, CA. Timber and heavy logging slash. Moderate fire behavior with uphill runs, short-range spotting and torching. Structures threatened.

Clayton, Sonoma-Lake Napa Unit, Cal Fire. One mile southeast of Lower Lake, CA. Chaparral and tall grass. Minimal fire behavior. Trail closures in effect.

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
* Tully 2	CA-HUU	440	---	5	Ctn	8/30	762	---	28	52	4	2	1.5M	ST
Clayton	CA-LNU	3,929	0	96	Ctn	8/24	265	-250	5	20	2	300	18.3M	ST

Southern Area (PL 1)

New fires: 20
 New large incidents: 0
 Uncontained large fires: 1

Spanish Peaks, Oklahoma DOF. Five miles southeast of Liberty, OK. Hardwood litter and tall grass. Moderate fire behavior. Reduction in acreage due to more accurate mapping.

Incident Name	Unit	Size		%	Ctn/ Comp	Est	Personnel		Resources			Strc Lost	\$\$ CTD	Origin Own
		Acres	Chge				Total	Chge	Crw	Eng	Heli			
Spanish Peaks	OK-OKS	110	-140	0	Ctn	8/24	31	6	1	9	0	0	35K	ST

Active Incident Resource Summary

GACC	Fires	Cumulative Acres	Crews	Engines	Helicopters	Total Personnel
AICC	0	0	0	0	0	0
NWCC	15	93,361.8	84	268	27	3,161
ONCC	2	4,369	29	60	5	865
OSCC	10	230,710	227	704	66	10,533
NRCC	16	67,077.05	23	53	17	1,058
GBCC	24	237,561	87	182	29	3,730
SWCC	5	2,826	1	4	0	37
RMCC	12	57,183.29	10	63	13	789
EACC	0	0	0	0	0	0
SACC	2	3,470	1	10	0	33
Total	86	696,558.14	462	1,344	157	20,206

Fires and Acres Yesterday (by Protection):

Area		BIA	BLM	FWS	NPS	ST/OT	USFS	TOTAL
Alaska Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Northwest Area	FIRES	0	1	0	0	7	4	12
	ACRES	0	0	0	0	2	681	683
Northern California Area	FIRES	0	0	0	0	16	1	17
	ACRES	0	0	0	0	317	0	317
Southern California Area	FIRES	0	1	0	0	21	2	24
	ACRES	0	0	0	0	6,628	8,305	14,933
Northern Rockies Area	FIRES	0	0	0	0	4	1	5
	ACRES	0	0	0	0	23	10,013	10,036
Great Basin Area	FIRES	0	5	0	0	7	4	16
	ACRES	0	0	0	0	34,236	4,939	39,175
Southwest Area	FIRES	0	0	0	0	1	0	1
	ACRES	0	0	0	0	0	5	5
Rocky Mountain Area	FIRES	1	0	0	1	11	3	16
	ACRES	0	0	0	0	204	0	204
Eastern Area	FIRES	0	0	0	0	1	0	1
	ACRES	0	0	0	0	0	0	0
Southern Area	FIRES	0	0	0	0	20	0	20
	ACRES	0	0	0	0	77	0	77
TOTAL FIRES:		1	7	0	1	88	15	112
TOTAL ACRES:		0	0	0	0	41,487	23,943	65,430

Fires and Acres Year-to-Date (by Protection):

Area		BIA	BLM	FWS	NPS	ST/OT	USFS	TOTAL
Alaska Area	FIRES	0	180	0	0	334	16	530
	ACRES	0	394,808	0	0	104,812	3	499,623
Northwest Area	FIRES	261	170	26	25	1,022	509	2,013
	ACRES	11,925	300,122	1,866	2,480	17,242	33,081	366,716
Northern California Area	FIRES	96	6	1	25	1,980	305	2,413
	ACRES	139	11	1	5	35,400	8,743	44,299
Southern California Area	FIRES	11	73	6	39	2,399	274	2,802
	ACRES	5,971	29,857	269	1,070	147,516	161,405	346,088
Northern Rockies Area	FIRES	574	92	10	22	994	360	2,052
	ACRES	8,250	4,806	1,933	17,273	33,423	43,352	109,037
Great Basin Area	FIRES	27	600	7	40	506	390	1,570
	ACRES	12,443	295,678	3	5,018	125,335	162,824	601,301
Southwest Area	FIRES	634	217	10	60	957	1,021	2,899
	ACRES	79,585	66,464	6,976	32,185	130,864	241,737	557,811
Rocky Mountain Area	FIRES	617	372	12	20	947	393	2,361
	ACRES	22,049	24,528	614	2,127	478,281	71,262	598,861
Eastern Area	FIRES	490	0	25	19	5,306	360	6,200
	ACRES	2,007	0	1,087	910	30,947	7,155	42,106
Southern Area	FIRES	346	0	52	54	15,371	439	16,262
	ACRES	132,796	0	1,219	27,567	925,995	43,371	1,130,948
TOTAL FIRES:		3,056	1,710	149	304	29,816	4,067	39,102
TOTAL ACRES:		275,165	1,116,274	13,968	88,635	2,029,815	772,933	4,296,790

Ten Year Average Fires (2006 – 2015 as of today)	51,712
Ten Year Average Acres (2006 – 2015 as of today)	5,293,010

Prescribed Fires and Acres Yesterday (by Ownership):

Area		BIA	BLM	FWS	NPS	ST/OT	USFS	TOTAL
Alaska Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Northwest Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Northern California Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Southern California Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Northern Rockies Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Great Basin Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Southwest Area	FIRES	0	0	0	0	0	1	1
	ACRES	0	0	0	0	0	15	15
Rocky Mountain Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Eastern Area	FIRES	0	0	0	0	0	0	0
	ACRES	0	0	0	0	0	0	0
Southern Area	FIRES	0	0	0	0	37	0	37
	ACRES	0	0	0	0	774	0	774
TOTAL FIRES:		0	0	0	0	37	1	38
TOTAL ACRES:		0	0	0	0	774	15	789

Prescribed Fires and Acres Year-to-Date (by Ownership):

Area		BIA	BLM	FWS	NPS	ST/OT	USFS	TOTAL
Alaska Area	FIRES	0	7	0	0	2	1	10
	ACRES	0	31,664	0	0	1,566	38	33,268
Northwest Area	FIRES	9	22	6	0	0	152	189
	ACRES	8,752	1,991	356	0	0	24,097	35,196
Northern California Area	FIRES	4	1	9	8	0	126	148
	ACRES	41	90	3,356	328	0	8,244	12,059
Southern California Area	FIRES	0	5	4	1	0	136	146
	ACRES	0	71	422	760	0	3,587	4,840
Northern Rockies Area	FIRES	12	12	53	11	14	151	253
	ACRES	5,316	4,358	12,318	651	698	14,904	38,245
Great Basin Area	FIRES	4	22	6	5	36	75	148
	ACRES	110	2,296	3,584	128	915	26,105	33,138
Southwest Area	FIRES	8	30	3	9	1	121	172
	ACRES	894	26,591	92	2,333	2	63,002	92,914
Rocky Mountain Area	FIRES	25	33	58	24	76	71	287
	ACRES	1,635	2,908	26,221	10,952	4,482	28,161	74,359
Eastern Area	FIRES	87	0	349	23	908	182	1,549
	ACRES	45,614	0	51,090	5,774	61,747	56,182	220,407
Southern Area	FIRES	19	0	198	65	10,401	919	11,602
	ACRES	2,181	0	165,034	51,546	672,008	837,623	1,728,392
TOTAL FIRES:		168	132	686	146	11,438	1,934	14,504
TOTAL ACRES:		64,543	69,969	262,473	72,472	741,418	1,061,943	2,272,818

*** Changes in some agency YTD acres reflect more accurate mapping or reporting adjustments. ***

Additional wildfire information is available through the Geographic Areas at <http://gacc.nifc.gov/>

Canada Fires and Hectares

PROVINCES	FIRES YESTERDAY	HECTARES YESTERDAY	FIRES YEAR-TO-DATE	HECTARES YEAR-TO-DATE
BRITISH COLUMBIA	4	68	922	98,691
YUKON TERRITORY	2	8	51	16,383
ALBERTA	2	0	1,233	612,108
NORTHWEST TERRITORY	1	951	185	198,105
SASKATCHEWAN	1	90	356	261,262
MANITOBA	1	0	190	36,306
ONTARIO	1	0	600	86,531
QUEBEC	1	0	546	32,609
NEWFOUNDLAND	0	0	85	10,962
NEW BRUNSWICK	0	0	262	261
NOVA SCOTIA	0	0	242	761
PRINCE EDWARD ISLAND	0	0	6	19
NATIONAL PARKS	0	0	53	6,434
TOTALS	13	1,117	4,731	1,360,432

* 1 Hectare = 2.47 Acres

Predictive Services Discussion: Scattered thunderstorms will form over the central and southern Rockies. Scattered showers will develop over the northern Rockies. Showers and thunderstorms will form along and ahead of cold front, from Colorado to the Great Lakes. Scattered showers and thunderstorms will continue across the Gulf Coast. Temperatures will remain cool along the Rockies and in the northern Plains. Mild conditions will spread into the Midwest and continue across most of the Interior West. Warm weather will continue across the South and much of the East. Hot weather will persist in the desert, Southwest and far South Texas.

<http://www.predictiveservices.nifc.gov/outlooks/outlooks.htm>



Nutrition: What we are eating and why

Firefighter Health & First Aid

Nutrition is a critical part of the health and safety of wildland fire suppression personnel. This is the fuel for the body to perform the work and maintain cognitive abilities. Wildland firefighters on the fireline need 4,000-6,000 calories a day to not go into an energy deficit. Consider the following key points when choosing your meal:

- There are 3 major energy sources in food: carbohydrates, protein, and fats.
- Carbohydrates (also called sugar) offer an immediate source of energy for your body. They provide the fuel for your muscles and organs, such as your brain.
- Proteins are the basic building blocks of the human body. They are made up of amino acids that help build muscles, blood, skin, hair, nails and internal organs.
- Fat is an essential nutrient that provides energy, energy storage, insulation, and contour to the body.
- MTDC recommends eating 150-200 kcals every 2 hours during the work shift to maintain blood glucose and energy levels.

Carbohydrates:

- Studies on athletes have shown that carbohydrates are the most critical energy source for performance and health.
- Carbohydrates are your body's first choice for fuel. If given a choice of several types of foods simultaneously, your body will use the energy from carbohydrates first.
- If you do not eat enough carbohydrates, the following can occur:
 - Fatigue
 - Muscle cramps
 - Poor mental function
- The fire camp lunches (called shift food) are designed to allow firefighters small amounts of food (primarily carbohydrates) that can be easily eaten throughout the work shift.

Discussion Points

How are you eating your fire lunch? Is it all at once or small amounts throughout the day? Think of long duration events (Ultra Runs, triathlons), do you see athletes stopping for a big meal or eating small amounts constantly throughout the race?

Additional Resources:

[Eating for Health and Performance web presentation](#), [MTDC Tech Tip on Nutrition \(2007\)](#), [NWCG Fitness and Work Capacity Ch 10](#), and Book "Sport Nutrition, 2 Ed"; by Asker Jeukendrup and Michael Gleeson

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Have an idea? Have feedback? Share it.

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